



MATTHEW W. RUSSO, MD, FAAOS

Total Joint Surgeon

Dr. Russo is a third-generation orthopedic surgeon in Scottsdale, AZ specializing in total hip and knee replacement surgery. Since completing fellowship training and joining his father in practice in 2017, he has performed more than 4,000 joint replacement procedures. Dr. Russo is honored to be recognized by his peers as a *PHOENIX* magazine “Top Doc” for the fifth consecutive year. He is grateful to continue to serve the Phoenix community as an orthopedic surgeon, following a family tradition of orthopedic care spanning more than 40 years.

Dr. Russo is proud to advance the legacy of the “*Russo Knee*” approach to total knee replacement as it has evolved over

three generations. This distinctive method combines the latest advancements in tendon and muscle-sparing surgical techniques with a personalized kinematic alignment strategy that respects each patient’s unique anatomy and aims to restore the knee as closely as possible to its pre-arthritic state. This outpatient, tourniquet-free procedure restores native ligament tension and alignment through a medial incision, resulting in less postoperative pain, faster recovery, and improved long-term stability and function. He is also one of the only surgeons to utilize a home-delivered, physician monitored exercise bicycle to optimize early progression and range of motion.

Dr. Russo applies a similar patient-centered and muscle-sparing philosophy to hip replacement surgery through the direct anterior approach. This surgical technique is combined with fluoroscopic-guided computer navigation and a controlled automated impaction device to deliver exceptional precision with rapid recovery.

Above all, Dr. Russo believes in listening to his patients and treating them as he would his own family—helping them return to active, fulfilling lives with confidence. All patients benefit from Dr. Russo’s concierge style of care and research in multimodal pain management strategies to provide successful outcomes with minimal to no reliance on narcotic pain medication.

